

## SPECIALTIES & CONDITIONS TREATED

PEDIATRICS  
GASTROENTEROLOGY  
GYNECOLOGY  
AUTO-IMMUNE DISORDERS  
PATHOLOGY  
LEAKY GUT SYNDROME  
LIVER DYSFUNCTION  
WEIGHT MANAGEMENT  
METABOLIC ISSUES  
PAIN  
ALLERGIES/ASTHMA  
ACUTE VIRAL INFECTIONS  
CHRONIC DEGENERATIVE DISEASE  
ENDOCRINOLOGY  
MENOPAUSAL SYMPTOMS  
FERTILITY  
CARDIOVASCULAR  
DERMATOLOGY  
GENITO-URINARY  
RESPIRATORY  
RHEUMATOLOGICAL  
PREVENTATIVE HEALTH CARE

**HOLLY J. BROWN, L.AC**  
Holistic Health Care for the Whole Family

Call to schedule an appointment.



[www.docholly.net](http://www.docholly.net)

Acupuncture is covered by many insurance plans including Blue Cross Blue Shield, Aetna, Cigna and many others.

**HOLLY J. BROWN, L.AC**

Offering holistic, integrative, and natural solutions for the whole family.  
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## PREVENTION - EDUCATION - TREATMENT

Modern science now recognizes that human beings are more than just a mechanical assembly of body parts, rather each person is a complex bio-energetic system. Oriental Medicine helps to restore the natural balance of energy in that system, allowing the body to heal itself.

Holly J. Brown combines ancient wisdom with modern discipline to help patients discover a broader understanding of their own health and a lasting sense of well-being.



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*"We empower our patients with the knowledge, clarity, and inspiration to choose wellness for themselves and their whole family through the use of preventative medicine."*

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## TREATMENT MODALITIES

### INTERNAL MEDICINE

Licensed Acupuncturists are trained in advanced techniques to diagnose, treat, and prevent non-surgical conditions.

### ACUPUNCTURE

Among the oldest healing practices, Acupuncture is recognized by the World Health Organization and National Institute of Health to be an effective, simple and safe method of restoring and maintaining health.

### HERBAL MEDICINE

The Oriental Medicine pharmacopeia includes thousands of herbs proven to be safe and effective through thousands of years of research and clinical use.

### NUTRITIONAL COUNSELING

Holistic nutrition examines the total person and the complete biochemical relationship to their environment, diet, individual constitution, and lifestyle with the understanding that food is our greatest medicine.

## HOLLY J. BROWN, LAc, DOM (FL), MSTOM



Holly J. Brown, L.Ac is a Licensed Acupuncturist. She has been practicing for over 10 years in Florida as a Doctor of Oriental Medicine and Primary Care Practitioner. She is thrilled to have relocated to Maine with her husband and 2 young daughters.

Holly's family has been practicing health care in the coastal Maine area for 45 years. She is excited to bring her unique approach of holistic and integrated health care into the family practice and community at large.